

receive a full refund. Cancellations that occur within 14 days of trip departure will receive no refund, unless another participant on the waiting list can be found to take the open spot. 100% of your payment will be refunded if a trip is cancelled by OAP staff or CYC (sometimes due to weather). Those who register for a rental but do not show up or refuse the service at the race cannot receive a refund.

PHYSICAL EXERTION LEVEL & PREREQUISITES

- Moderate to Strenuous: due to river conditions, water temperatures and conditions. North or West winds above 8 knots will add to difficulty of the trip.
- Must be able to swim in a life jacket/PFD; no previous experience required.

Please review the packing list!

PACKING LIST: The items on this list are HIGHLY recommended for your trip. Current temperatures and personal preference should be considered when packing.

- Baseball cap or full-brim hat (for sun protection).
- Insulating jacket (fleece is ideal, should be compact and synthetic).
- Swimsuit or other clothing appropriate for water activities
- Rain jacket (depending on weather)
- Appropriate footwear: sandals that strap on or rubber boots.
- 1 water bottles (quart size) and 1 healthy snack
- Sunblock
- Dry bag for keeping items dry while in the boat.
- Bag for personal belongings.
- Floating glasses lanyard recommended
- Sunglasses
- Floating waterproof phone case

Note: We will distribute equipment specific to the activity, i.e. paddles and life jackets, on trip day.

For further questions or information, please contact us:
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